

Comprehensive Centers for Biological Medicine and Dentistry

# The Paracelsus Cancer Treatment Program



**Dr. Rau's intensive cancer treatment program provided by the Paracelsus Clinics Switzerland offers a unique combination of therapies**



# WE TREAT PEOPLE.

## **Biological medicine can identify the cause of your illness**

Guided by medical professionals, patients at the Paracelsus Clinic learn to critically examine their illness by identifying the underlying cause and selecting adequate therapies. The patients cooperate with our experienced medical staff in order to detect susceptibilities and reverse the course of the disease. Biological medicine provides the medical basis which will empower the body to restore its equilibrium. Conventional remedies are sometimes used as a complementary measure.

## **We are the pioneers in biological cancer treatment!**

- At the Paracelsus Clinic Lustmühle we are proud to continue a tradition of 50 years that is constantly updated with new discoveries.
- Our cancer treatment is based on the following aspects:
- Analyzing and eliminating toxic loads and other causes of cancer
- Strengthening the patient's immune system
- Nutrition program tailored to the patient's metabolism
- We treat individual people, not their histological diagnoses
- We stimulate the body's own regulatory forces, bringing about healing from within
- Biological medicine is based on the latest discoveries in physics and biochemistry

On behalf of the Paracelsus Clinic Lustmühle, a highly motivated team of more than 75 healthcare professionals!



*Thomas Rau*

Dr. med. Thomas Rau, MD  
Medical Director

## Regulate your metabolism with the intensive Paracelsus diet

Regulate your metabolism with the intensive Paracelsus diet, recommended for patients suffering from cancer, cardiovascular diseases, diabetes or fibromyalgia.

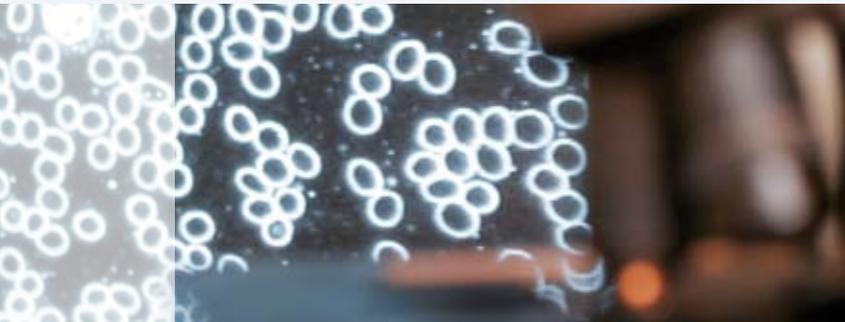
### Cancer as a result of a metabolic disorder:

The diseases mentioned above are lifestyle diseases which are related to our eating habits and cause around 70 percent of all deaths. Two thirds of these fatal diseases can be prevented just by eating the «right» foods. The Paracelsus Clinic recommends a vegetarian, hypoallergenic whole-foods diet. The groundbreaking research by Dr. Johannes Coy has shown that consumption of refined carbohydrates can lead to insulin resistance and other metabolic disorders including cancer. Reducing the intake of short-chain carbohydrates

with an increased intake of lactate and fatty acids can inhibit tumor growth. Following these findings, we developed our own metabolism diet with plenty of organic fruits and vegetables and other natural foods.

### The diet:

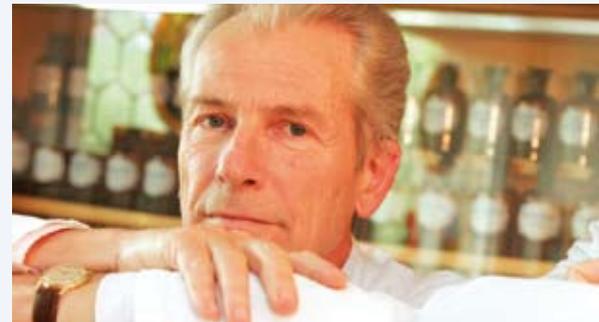
This diet, designed to alter the metabolism, is low in carbohydrates and rich in essential nutrients with supplements of polyunsaturated fatty acids and also includes some meat and fish (with alternative choices for strict vegetarians). There are three daily meals according to a specific schedule, and you will receive a diet sheet which initially limits the amount of food in order to lower the excess of carbohydrates and proteins. The Tavarlin product range was developed as



a supplement to our natural nutrition. The following products are available: a wholegrain bread, an oil mixture and a lactate drink. Not only does lactate have an alkaline effect on the organism, it also activates the body's own cancer resistance as well as cellular catabolism and has been proven to have a positive effect in the tumor therapies conducted by Dr. Fryda and Dr. Budwig.

In addition, we will analyze and treat your nutritional allergies as well as any deficiencies in your intestine and immune system on an individual basis. The team at the Paracelsus Clinic hopes that you will enjoy our carefully developed diet and wishes you the best of luck.

On behalf of the Paracelsus team,  
Dr. V. von Toenges, MD



# The Dr. Rau's Paracelsus cancer treatment program

## Brief information on our nutritional principles:

Recent years have brought about a reappraisal of the findings of various experts on nutrition and metabolic processes. Dr. Gerson, Dr. Otto Warburg, Dr. Fryda and Dr. Budwig, to name but a few most important specialists, have all been very successful in the dietary treatment of cancer patients.

The findings of these experts and our own experiences indicate the following key elements in the nutrition of cancer patients:

- A **hypoallergenic diet** (such as **Dr. Rau's unique Paracelsus diet**) relieves the strain on your immune system by **avoiding the most common food allergens**
- Avoid dairy products made of cow's milk (except those highly enriched with lactic acid)
- Avoid foods made of chicken eggs (except a few soft-boiled eggs)
- Avoid hazelnuts
- Strictly avoid wheat products (due to their high glycemic index)
- Strictly avoid sugar and foods containing sugar, pastry, rice, dates, figs, grapes etc.
- Limit the daily intake of proteins (particularly animal protein) initially to 40–50 grams, then increase to 70–80 grams of mainly high-grade vegetable proteins

- Following these guidelines significantly reduces the release of insulin and the production of glycogen in the liver
- The diet should include plenty of salads and vegetables, particularly lactic-acid fermented vegetables as the dietary intake of lactic acid is very important
- The diet should also include plenty of high-grade vegetable oils (unsaturated fatty acids)

**This nutritional therapy for cancer patients (TKTL1 nutritional therapy according to Dr. Coy) is combined with our own hypoallergenic diet established by Dr. Rau, resulting in a unique dietary treatment which, on the one hand, blocks the lactate production of cancer cells while, on the other hand, relieving the immune cells of allergies and boosting their ability to fight the cancer.**

## 50 years of tradition and innovation

This inpatient treatment program offered by the Paracelsus clinics is available for individuals and groups. The first three weeks contain an element of fasting and focus on intensive detoxification, purification and the neutralization of free radicals which cause tumor growth. The long-term dietary measures acquired during the treatment, combined with individual biological remedies, will inhibit the growth of TKTL-positive cancer cells.



## Treatment modules

During the treatment the patient will undergo an intensive therapy program:

- Dr. Rau's Paracelsus alkaline infusions, infusions of high doses of vitamin C, isopathic remedies, vitamins etc.
- Infusions of dextrorotatory lactic acid: Lactopurum
- Ozone therapies (twice weekly) and daily inhalations of ionized oxygen
- Colon hydrotherapy with intestinal refluorisation
- Unique Paracelsus heart sound therapy
- Individually prepared mistletoe therapy
- Whole-body thermotherapy and local hyperthermia (Indiba)
- Remedies such as isopathica, orthomolecular therapy, phytotherapy, haptens etc.

- Injections (neural therapy/ganglion therapy)
- MRT (mesenchyme drainage therapy) and/or massage cupping
- Infrared sauna as detoxification therapy (usually in the evenings at the hotel)

### **The Paracelsus cancer treatment program and its rituals:**

The Dr. Rau's Paracelsus cancer treatment program is based on the principle of combining several therapies. The above therapies are ALWAYS combined into modules on an individual basis.

### **In addition, patients observe the following «cancer treatment rituals»:**

- Daily ingestion of specific Tavarlin oils
- Preparation and ingestion of Budwig muesli
- Ingestion of Dr. Rau's alkaline soup and/or alkaline salts in the mornings
- Daily ingestion of Dr. Coy's lactic acid products
- Regular physical activity
- Wheat grass, juices or Tavarlin Protein drinks
- Infrared sauna



## Examinations

**The specific Paracelsus cancer examinations aim to assess the cancer's tendency as well as its infiltration and metastasizing tendencies.**

- Repeated darkfield microscopy (upon admission and again after 1 to 3 weeks)
- Heart Rate Variability test (HRI)
- Thermogram (CRT Eidam)
- Ultrasounds of the liver, the diseased organ and the lymph node stations
- Panoramic dental X-rays and Cavitat bone scan in order to detect hidden dental and maxillary foci
- Detection of hidden heavy metals, dental and maxillary foci (with Cavitat) / dental consultation

### **Laboratory tests:**

- Highly specific tests in order to detect metabolic and glandular functions
- Prognostic blood tests (TKTL/CRP/fibrinogen/iron status and specific cancer markers /copper)
- Testing for nutritional allergies and fecal bacteria
- Genetic testing

## Remedies

### **Remedies:**

Treatment is accompanied by an intensive therapy with biological remedies, individually administered according to darkfield, clinical and laboratory results.

### **Selected remedies:**

- Bitter substances and intestinal reflation
- Minerals (such as magnesium, zinc, selenium and others closely associated with cellular metabolism)
- Vitamins, phospholipids, essential amino acids
- Immunobiological therapy with Sanum and mistletoe preparations etc.
- Enzymes
- Isopathica and haptens by Sanum (balancing the biological milieu, unique to the Paracelsus clinics)
- High doses of antioxidants

# Eating the right foods

## Faulty nutrition can make you ill

Cancer can thrive on faulty nutrition. Therefore, eating the right foods is a must! Allowing enough time for regular meals is also very important. Apart from toxicity, faulty nutrition and food intolerances are the most common causes of disease. Metabolic disorders such as high blood pressure, overweight, joint or intestinal problems as well as neurological conditions and cancer are closely related to nutrition.

The Paracelsus Clinic Lustmühle uses modern methods to check the condition of the intestinal flora and to detect nutritional allergies. We will analyze your nutrition and show you how easy it is to lead a healthy lifestyle.

## The Paracelsus principles of nutrition

Today's modern nutrition can no longer be called «whole». Whole foods are foods that contain all the necessary minerals, vitamins and nutritional substances. For this reason, the Paracelsus principles of nutrition are based on the modern criteria of a hypoallergenic diet low in carbohydrates. The diet is largely vegetarian and very rich in vegetable oils.

## The Paracelsus diet for cancer patients

It is absolutely vital that cancer patients eat the right foods! Nutritional allergies are a strain on their immune system and prevent the body from fighting the cancer. Faulty, acid-forming nutrition promotes the formation of lactate in the cells and thus promotes the cancer.

The Paracelsus diet for cancer patients **integrates the latest findings of Dr. J. Coy** as well as those of Doctors M. O. Bruker, Gerson and Budwig.



## Which tumors respond best to our cancer treatment program?

- **Every cancer patient should seek treatment according to the principles of biological medicine, even if the tumor is still in its early stage. Biological medicine has a highly preventive and curative effect on malignant tumors and helps prevent renewed growth of cancer cells.**
  - **The principles of biological medicine combine well with conventional treatment methods and considerably reduce the side effects of chemotherapy or radiation.**
  - **With the Paracelsus cancer treatment healthcare program you actively participate in your own recovery.**
  - **We are pleased to cooperate with your family doctor or medical specialist.**
  - **The treatment program as an inpatient should last for three weeks, followed by ambulatory treatment.**
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- The following tumors respond best to our Paracelsus cancer treatment program:
  - Breast cancer at every stage
  - Prostate cancer
  - Malignant tumors of the blood and lymphatic systems
  - Brain tumors (highly specialized treatment)
  - Skin cancer
  - Abdominal tumors

### Health insurance

All doctors at the Paracelsus Clinic Lustmühle are qualified in conventional medicine, and patients residing in Switzerland are thus covered for basic medical services under their basic health insurance. However, many of the complementary medical treatments must be paid for by the patient or, in some cases, may be covered by the patient's complementary insurance. We advise patients to check with their health insurance before commencing treatment.

The Paracelsus Clinic Al Ronc in Castaneda (GR), south-eastern Switzerland





## Registration

Patients can register directly with our clinics. Referral by a doctor is not necessary. However, we would be pleased to cooperate with your doctor or alternative practitioner.

## Contact

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- **Internet** [www.paracelsus.ch](http://www.paracelsus.ch)

## Directions

### Address:

Battenhusstrasse 12

CH-9062 Lustmühle

## By Car:

Exit Motorway A1 at St. Gallen-Kreuzbleiche. Follow the main road in the direction of Appenzell/Altstätten. After 3.5 km, before reaching the Teufen bypass road, turn left to «Lustmühle».

## By the Appenzell Railway:

Take the train from the main station in St. Gallen in the direction of Teufen–Appenzell. «Lustmühle» is the second stop after St. Gallen. NB: this is a request stop!

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Identical cancer treatment healthcare programs are also available at our partner clinic:

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